



National
COLORECTAL
Cancer Awareness
Month

PREVENTABLE.
TREATABLE.
BEATABLE.

March: Colon Cancer Screening Awareness Month

Main Streets Go Blue

Colorectal Cancer Awareness Month helps save lives and improve the outcomes for those diagnosed with this disease.

NEW GUIDELINES: If you are 45 years old or older, get screened for colorectal cancer TODAY!

- **Early Detection Saves Lives:**

Colorectal cancer is highly preventable when detected early. Regular screening can identify and remove precancerous polyps before they develop into cancer.

- **Recommended Screening Age:**

The American Cancer Society recommends that individuals at average risk for colorectal cancer begin screening at age 45.

- **Screening Options:**

Several screening options are available, including colonoscopy, flexible sigmoidoscopy, and stool-based home tests.

- **Importance of Awareness:**

Many people are unaware of their risk for colorectal cancer or the importance of screening. Increasing awareness is crucial to encourage early detection.

